



# Somers Senior Center

## February 2026 Newsletter



**Somers Senior Center**  
**19 Battle Street, Somers CT 06071**  
**860-763-4379**

**Mon-Thurs 8am-4pm, Fri 8am-12pm**

Maureen Parsell, Director [mparsell@somersct.gov](mailto:mparsell@somersct.gov)  
 Donna Richardson, Supervisor [drichardson@somersct.gov](mailto:drichardson@somersct.gov)  
 Pamela Caso, Administrative Asst. [pcaso@somersct.gov](mailto:pcaso@somersct.gov)  
 Darlene McCray, Program Coordinator [dmccray@somersct.gov](mailto:dmccray@somersct.gov)  
*Dial-a-Ride Drivers*  
 Gary Hunter, Pat Perry, & Scott Sfreddo



*The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!*



**CLOSINGS & CANCELLATIONS**  
**There will be no coffee talk or chair aerobics on Friday, February 13th.**  
**The Senior Center will be closed Monday, February 16<sup>th</sup> in observance of President's Day.**

860-763-4379 ~ [www.somersct.gov](http://www.somersct.gov) ~ Like us on Facebook! 

**Somers Human Services**  
**619 Main Street, Somers CT 06071**  
**860-265-7551**

**Mon-Wed 8am-5pm, Thurs 8am-6:30pm**  
 Matthew Cox, Human Services Director  
[MCox@somersct.gov](mailto:MCox@somersct.gov)  
 Arianna Flagg, Prevention Coordinator  
[AFlagg@somersct.gov](mailto:AFlagg@somersct.gov)  
 Annette Ramsdell, Social & Sr. Services Specialist  
[Aramsdell@somersct.gov](mailto:Aramsdell@somersct.gov)  
 Jen Griger, Youth Services Coordinator  
[Jgriger@somersct.gov](mailto:Jgriger@somersct.gov)

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# Somers Human Services



## Champ's Place Food Pantry

Somers Congregational Church, 599 Main Street; 860-763-4021

**Open Mondays from 10am to NOON and from 6pm to 7pm.**



## Mobile Food Truck

Connecticut Food Share brings fresh foods to Champ's Place!

Wednesday, February 11<sup>th</sup> & 25<sup>th</sup> from 1:00pm to 1:30pm.

**HINT:** Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

**Call Annette Ramsdell in Human Services at 860-265-7551 x1 to make an appointment for any services noted below:**

### Connecticut Energy Assistance Program (CEAP)

We are actively accepting applications to help you apply for energy assistance.

### Eversource Discounted Energy

5% to 50% discounts may be available to you, depending on income & family size.

Application Assistance - Available for SNAP, Medicaid and Financial Assistance.

Meals-on-Wheels - Available for homebound seniors and people with disabilities.

Financial Coaching and Budget Assistance - Let us help you untangle your bills and organize to help meet your needs and financial goals.

Schedule a confidential, one-on-one appointment with a financial coach.

**PLEASE NOTE:** You must save important documents listed below to apply for various benefit programs:

- SSA-1099 (has SSN in upper right corner)
- Social Security benefit verification letter for those who receive disability benefits
- 1099s for pensions, IRAs, and self-employment
- Eversource bill
- Rental statement for prior year (if you rent)
- High Grade gas (Woodcrest residents only)





# Senior Center Updates



## **PROGRAMS/EVENTS/TRIPS:**

Participants must sign up for all scheduled programs, trips, and events. If one cannot attend a particular program or event after having signed up, a phone call to the center to indicate cancellation is required. If you are unable to attend a trip for which you have signed up, you must notify the senior center as soon as possible. Payments for trips are typically non-refundable unless travel insurance has been purchased or a substitute can be found. Payments will be reimbursed only if the trip is cancelled. Programs/events/trips may have a deadline to sign-up. Due to space constraints, sign-up for Somers residents may begin earlier than sign-up for non-residents. Participants are advised to pay close attention to sign-up startdates, deadlines, and payment details for each individual program/event/trip.

## **SENIOR ADVISORY MEETING:**

The Senior Advisory meeting will be held **Tuesday, February 10th at 1:00pm** at the Somers Senior Center.

## **FLU SEASON:**

Flu season is upon us. If you do not feel well, please stay home. We do not want to risk getting others sick so please be kind and respect the health of others. If you have signed up for a class, and cannot attend, please call the Senior Center to cancel. Thank you!

## **WHAT'S GOING ON IN SOMERS?**

Stay up-to-date and follow the Town's news, updates, and live meetings! Want to know when each Department meets and what they are working on? Be sure to follow the **Town's Meeting Schedule**. All Board of Selectmen, Board of Finance, Zoning Commission and Zoning Board of Appeals meetings are held LIVE each month and can be watched on the Town's **You Tube Channel**. The Board of Education meetings are also held LIVE on their own **You Tube Channel**. If you can't watch the meetings live, you can always watch them when you have the time. If you don't have a computer, come on in to the Senior Center & watch here!

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## **Everbridge ~ Town of Somers Alert System**

**Notification Program Overview...** The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about.

**The information you provide is protected and will not be used for any other purpose.**

**How It Works...** When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

**Sign up for Notifications...** Create an account & add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

**Let us know if you need assistance signing up! We'd be happy to help you!**

**SCAN ME**





## Health & Wellness Classes



## Games, Groups & Activities



**Qigong- Mondays, 9-9:45am Indoors at the Senior Center \*\*FREE\*\*** Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of Qigong.

### **Walking Group- Mondays, 10-11:00am**

Meet at the Senior Center at 10:00am for a fun walk to get the day started!

### **Chair Aerobics- Tuesdays and Fridays, 10-11:00am at the Senior Center \*\*FREE\*\***

A classic DVD chair fitness program. All levels are welcome!

**NEW**

### **Balance Fitness Fun with Angela:**

**Wednesdays, 10:00am at Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month.** You will warm up with stretches, learn standing balance exercises & seated strength exercises (with or without weights) and close with more stretches while playing great music from across several genres.

**Stretching w/ Keely- Thursdays, 10:00am Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month.** Dim the lights & listen to meditation music as you learn basic yoga type stretch moves while sitting or standing.

**Pickleball- Tuesdays & Fridays, 9-11:00am \*\*FREE\*\* Weather permitting. Tennis courts at Field Road Park.** Four courts and paddles provided. New & experienced players welcome. **Must register with the Senior Center and complete a Waiver Agreement if you wish to play.**

**Tap Dancing Lessons- Tuesdays, 11am-12pm Kibbe Fuller Gym \*\*FREE\*\*** Do you love to tap dance or want to learn how? Dance Instructor, Laurie Nash, will hold this fun class! Some tap shoes are available for use!

### **Art Group- Mondays, 10-11:30am**

**\*\*FREE\*\*** All mediums welcome. Bring your own ideas and supplies.

### **SCRABBLE- Mondays, 11:00am, Will teach!**

Bring a friend and enjoy exercising your brain!

### **SKYJO- Mondays, 1-3:00pm, Will teach!**

Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play!

### **Coffee Talk- Tuesdays & Fridays, 9-10:00am**

Join your friends & make new ones for fresh coffee, tea and light snacks.

**(Donations welcome for supplies)**

### **Rummikub- Tuesdays, 11-1:00pm, Will teach!**

Rummikub is easy to learn & fast moving. The "board" changes all the time as players adjust the tiles on the table. Sign up, space is limited!

### **Dominoes- Wednesdays, 1-3:00pm, Will teach!**

Please come and learn the game.

### **Cornhole & Coffee - Thursdays, 9-10:30am**

**Will teach!** Come play cornhole and enjoy a little friendly competition with friends! It's an easy game to play, regardless of your gaming experience. **Played indoors or outdoors - weather permitting.**

### **Bingo- Thursdays, 12-3:00pm, Will teach!**

Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!

### **Bridge- Thursdays, 5:30pm, Will teach!**

Enjoy an evening of Bridge playing!



# Special Programs & Events



## TRAVEL THE WORLD: ROME

Tuesday, February 3rd  
1:00pm

Stay after the Home Helpers lunch and watch this informative documentary about the incredible city of Rome, Italy!



## SUPERBOWL PARTY

Friday, February 6th  
11:00am / \$3pp



Are you ready for some football?? Join us for tacos, chips & salsa and some fun to start the Super Bowl Weekend!!



## "ASK THE ATTORNEY" (By Appt. Only)

Wednesday, February 11th 1:00-3:00pm

Attorney Marcia Hess from Kraner & Hess, will be by to answer any legal questions you may have. Attorney Hess specializes in Eldercare Law. Please call the Senior Center to reserve a **free 15-minute appointment** for this informational session.



## PANCAKE BREAKFAST

Friday, February 13th 9:30am



Come and enjoy a delicious breakfast provided by The Ivy of Ellington and listen to an informative session on "Stroke Awareness" by Greater Manchester HomeCare.



Hartford  
HealthCare  
at Home

## GRIEF SUPPORT

Tuesdays, 2:30pm - 3:30pm  
February 3rd - February 24th

Free Grief Support Group with Karla Vince from Greater Manchester HomeCare.



Hartford  
HealthCare  
at Home

## MARDI GRAS CELEBRATION W/ JUKEBOX BINGO!!

Tuesday, February 17th  
11:00am



Don your Mardi Gras beads and have a blast playing Jukebox Bingo!! Light refreshments will be served

## CT ELDERLY TAX RELIEF PROGRAM

Tuesday, February 24th  
12:30pm

Our Town Assessor's office will be by to talk about the CT Elderly Tax Relief program, requirements (see below) and how you can apply.

### Where Do I Apply:

Town Assessor

### Application Deadline:

February 1st - May 15th

*(re-apply every 2yrs)*

### Requirements:

65yrs or older

**\*Must own the property and reside in home at all times\***

Proof of Income (1040) Federal Tax Return

Income Limit:

\$45,200 (single) \$55,100 (married)



## PAINTING WITH SANDY

Wednesday, March 4th

11:00am - 2:00pm

\$15/pp includes all materials



Artist Sandy Poirier will instruct this acrylic painting workshop.

Limited space! Payment is due upon registration!



★MAJESTIC★  
THEATER  
Since 1997  
[majestictheater.com](http://majestictheater.com) • West Springfield, MA

## COME FROM AWAY

MAJESTIC THEATER

Saturday, April 18th

12:00pm

Donated by and in Memory of Tina Toohey

FREE to Somers Senior Center members who are Somers residents. First come, first served basis. Includes Peter Pan Transportation & Ticket Only. Concessions on your own. Arrive at Sr. Center at 11:45am for 12pm departure for the 2pm show, returning at Sr. Center at approximately 5:30pm.



## Personal Care

### FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.



#### Dates Available:

Feb 18th

Feb 19th

March 18th

April 15th

April 16th

**SPA SERVICES**

The Senior Center offers spa services by MA Licensed Tech Diane Neill. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial.....	\$38
Microdermabrasion Facial.....	\$48
LED Light Therapy.....	\$15
Waxing Services: (brow, lip, chin etc.).....	\$7 - \$18

**Cash or Check only**

## With Thanks



We would like to thank the following individuals who have so generously donated to the Senior Center:

**Ed Duzik, Ann Hancock, Jennifer Pilton  
Somers Bridge Club**

**Mary Balboni in Memory of Tina Toohey**



## Donate to Champs Place

The winter season is upon us and what better way than to help out our local food pantry, Champs Place, located at the Somers Congregational Church.

Nonperishable items are always in need.

Drop offs can be made at the Somers Senior Center or at Somers Human Services Department.



## Inclement Weather



Senior Center as well as Dial-a-Ride transportation will be delayed/cancelled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings

The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers



## Meals & Events

### Home Helpers®

Tuesday, February 3rd

12:00pm

Spots fill quickly,  
signup by 1/28

Stay after and watch an informative documentary traveling to Rome!



### SUPER BOWL PARTY!

Friday, February 6th

11:00am/\$3 pp



Start your Super Bowl celebration early!



### LUNCH BUNCH

Wed, February 11th

11:30pm

\$5pp for transportation



Red Rose  
Springfield, MA

## Help Hotlines

### CT INFO LINE - Dial 211

Vital Resource to find available community services

### CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

### CONSUMER LAW PROJECT FOR ELDERS - 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

### ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age- based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call! They are there to help!

### PANCAKE BREAKFAST

Friday, February 13th

9:30am



Enjoy breakfast w/ The Ivy & listen to a "Stroke Awareness" presentation with Greater Manchester Home Care

### MARDI GRAS CELEBRATION W/ JUKEBOX BINGO!!

Tuesday, February 17th

11:00am



### BIRTHDAY LUNCH

Tuesday, February 24th

12:00pm



## "Hooked on Books" Book Club



Hooked on Books

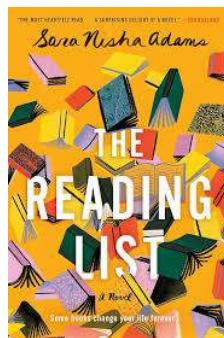
### Book Club with Somers Librarian

Coordinator, Allison Rief

Thursday, February 19th 3:00pm

### "The Reading List"

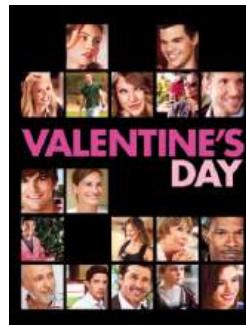
by Sara Nisha Adams



A heartwarming novel about an unlikely friendship between a lonely widower, Mukesh, and a teenage library assistant, Aleisha, both brought together by a mysterious list of books found in a library book. The list, which includes classics like To Kill a Mockingbird and Pride and Prejudice, becomes a lifeline for both characters as they navigate grief and personal struggles, showing how shared stories can create connection and healing.

Please call 860-763-4379 to pick up a book and join this great group if you love reading!

## Movie Time!!



2hr 5 mins / PG13

### "Valentine's Day"

Wednesday, February 4th

11:00am - 1:00pm

In a series of interconnected stories, various Los Angeles residents (Jessica Alba, Jessica Biel, Bradley Cooper) wind their way through the highs and lows of love during a single day. As the holiday unfolds, they experience first dates, longtime commitments, youthful crushes and connections to old flames.



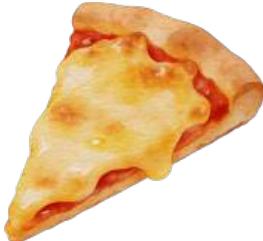
## Somers Senior Citizen's Club Luncheon

**Wednesday, February 18th**  
**@ 11:45am**

**Cheese or Pepperoni Pizza, Garden Salad & cookies for dessert**

**\*\*ORDER IN ADVANCE REQUIRED\*\***  
**Call Dan Fraro at**  
**(860) 749-7108 to order**

**Must order by noon the Monday prior to lunch ~ \$5 payable at the door**



## Somers Public Library



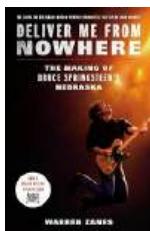
**Movie Matinees at the Library**  
**Fridays - 1:00pm**



**February 6th**  
**"Wicked for Good"**



**February 20th**  
**"Nuremberg"**



**February 13th**  
**"Springstein: Deliver Me From Nowhere"**



**February 27th**  
**"Regretting You"**

## Department of Veterans Affairs



**SEEK OUT**  
your earned  
**BENEFITS**  
for your  
**MILITARY** service  
to America!



Town of Somers  
Department of Veterans Affairs  
600 Main St., Somers, CT 06071  
Office: 860-272-4207 Cell: 860-604-0634  
Fax: 860-763-8228 Veterans@SomersCT.gov  
www.SomersCT.gov/VeteransAffairs

## Care Cafe'

**The first Tuesday of every month**  
**10:00am Library Conference Room**

We welcome those living with dementia and their care partners for beverages, conversation and support.

Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

**NO REGISTRATION NEEDED**



**Somers Public Library**

2 Vision Blvd  
Somers, Connecticut 06071 | 860





# Odds & Ends



## Taxes

**FILE YOUR TAXES  
with AARP volunteers  
Appointment required!**

AARP will return to the Senior Center for tax prep on the following Wednesday:

**April 8<sup>th</sup> only remaining  
LIMITED SPOTS - SIGN UP SOON!**  
Please call 860-763-4379 to make your appointment.



## Medical Equipment

Thank you to our community for your ongoing generosity in donating gently used medical equipment for us to lend to Somers residents in need. Because of your kindness, our storage shed is now at capacity. Before dropping off any additional items, please call 860-763-4379 to check if we have space available. You're also welcome to contact neighboring senior centers to see if they are accepting donations at this time.

How do I save & organize my pictures? How do I install an app? What is a bar code & how do I scan it? How do I send a text message?

If you are looking for some basic help with using your phone or tablet **please call the Somers Library at 860-763-3501 to make an appointment!**

**BASIC  
TECH  
SUPPORT**

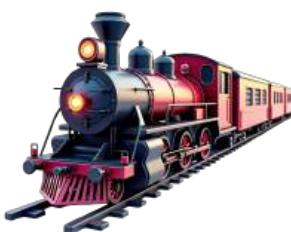
## Trips



**"MoTown Meets Doo-Wop"**  
Tuesday, April 21st 11:00am-4:00pm  
The Log Cabin, Holyoke MA  
**\$104pp/includes transportation & lunch**  
**Limited Seating, sign up by March 6th**  
Come and enjoy MoTown classics while dining on a family style lunch



**"Essex Steam Train & Riverboat"**  
Thursday, June 11th 9:00am-5:00pm  
Essex, CT  
**\$176pp/includes transportation & lunch**



Enjoy a 3 course lunch aboard a restored 1920's Pullman Diner as part of a 3 3/4hr lunch, train and riverboat excursion,

**"The History of Rock N' Roll"**  
Tuesday, July 14th 11:00am-4:00pm  
The Log Cabin, Holyoke, MA  
**\$109pp/includes transportation & lunch**  
**Limited Seating, sign up by June 5th**

Elvis' cousin Johnny Rodgers will take you into a musical time machine with the history of rock n' roll. Enjoy music of Elvis, Buddy Holly, Jerry Lee Lewis, Chuck Berry, Johnny Cash and many more! Dine on twin lobsters or prime rib.





The Somers Senior Center would like to  
acknowledge our members with  
February Birthdays!



Feb 1st:

Cynthia W.  
Jeanine B.  
Mary Ann V.  
Ann L.

Feb 2nd:

Robert S.

Lynne G.

Geraldine L.  
Deborah H.  
Linda M.

Ed G.

Feb 3rd:

Carlese W.

Elaine P.

Rosemary W.

Susan S.

Shirley B.

Debra A.

Feb 4th:

Thomas Z.

Nancy S.

Janice S.

Feb 5th:

James B.

Wayne W.

Feb 6th:

Frederick I.  
Mary Lou H.  
Leland P.

Denise D.  
Richard D.

Linda G.

Feb 7th:

Michael L.  
Susan E.  
Kim T.

Feb 8th:

Nancy B.

Feb 9th:

Deborah R.  
Marie P.

Linda S.

Carolyn D.

Feb 10th:

Robert O.

Feb 11th:

Kathy B.

Anthony S.

Christopher R.

Darcia M.

Susan A.

Feb 12th:

Angela S.  
Marilyn M.  
Carol A.

Patricia C.  
Carol-Louise T.

Feb 13th:

Adam H.  
Maria W.

Feb 14th:

Gail G.  
Joan R.  
Helen P-W.

Fran L.

Becky O.

Jeanine L.

Steven W.

Robert B.

Feb 15th:

Paul O.

Marie L.

Feb 17th:

Roger M.

Cheryl C.

Margaret S.

Doris P.

Feb 19th:

Rosemary E.  
Therese C.  
Charlotte S.

Debbie A.

Feb 20th:

Ginny B.  
Geraldine D.  
Barbara M.

Feb 21st:

Phillip T.  
Karyn S.  
Kathleen L.

Steven N.

Donna M.

Feb 22nd:

Carolyn S.  
George M.  
James T.

Ingeborg K.

Feb 23rd:

Dee T.  
Richard S.

Lark M.

Anna C.

Wayne C.

Susan B.

Lydia D.

Sandy K.

Scott S.

Feb 24th:

Charlotte A.  
Elaine D.

Feb 25th:

George A.  
Mary S.  
Lenoir L.

Clare D.

Linda Y.

Feb 26th:

Joyce F.  
Sharyn B.

Carol S.

June K.

Tina W.

Christopher G.

Debra S.

Feb 28th:

Paul P.  
Lorraine L.  
Victoria R.  
Mary B.

Feb 29th:

Tina S.

Colleen B-T.

Emil R.

Russ St. J.

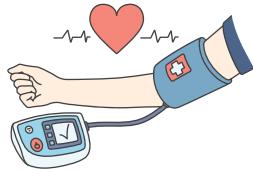


Blood  
Pressure Check

Don't forget that Ann Maggio, RN  
will be here on

Tuesday, February 24th  
11:30am- 12:30pm

to perform blood pressure checks!



Birthday  
Celebration



Our Birthday Celebration  
will be held on Tuesday,  
February 24th at 12:00pm

Dessert will be served  
following the Parkway  
luncheon to honor all of  
our February Birthdays!





# February

## Black History Month



National Heart Month



2026



<b>2. MONDAY</b>	<b>3. TUESDAY</b>	<b>4. WEDNESDAY</b>	<b>5. THURSDAY</b>	<b>6. FRIDAY</b>
9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo	9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:00 Tap Lessons at Kibbe 12:00 Home Helpers Lunch 1:00 Documentary - Travel to Rome 2:30 Grief Support	<b>SPA SERVICES (By Appt.)</b> 10:00 Balance Fitness Fun @ Kibbe \$4 <b>11:00 Movie Time - "Valentine's Day" PG-13</b> 1:00 Dominoes	9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge	9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics <b>11:00 Super Bowl LX Party \$3</b>
<b>9. MONDAY</b>	<b>10. TUESDAY</b>	<b>11. WEDNESDAY</b>	<b>12. THURSDAY</b>	<b>13. FRIDAY</b>
9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo	9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:00 Tap Lessons at Kibbe 1:00 Senior Advisory 2:30 Grief Support	<b>Ask The Attorney (By Appt.)</b> 10:00 Balance Fitness Fun @ Kibbe \$4 <b>12:00 - Lunch Bunch - Red Rose \$5</b> 1:00 Dominoes	9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge	<b>No Coffee Talk or Chair Aerobics</b> 9:00 Pickleball <b>9:30 Breakfast with The Ivy</b> 10:00 Stroke Awareness by Greater Manchester Home Care
<b>16. MONDAY</b>	<b>CLOSED</b>	<b>17. TUESDAY</b>	<b>18. WEDNESDAY</b>	<b>19. THURSDAY</b>
		<b>FOOT CARE (By Appt.)</b> 10:00 Balance Fitness Fun @ Kibbe \$4 <b>11:45 Senior Club Lunch</b> 1:00 Dominoes	<b>FOOT CARE (By Appt.)</b> 10:00 Balance Fitness Fun @ Kibbe \$4 <b>11:45 Senior Club Lunch</b> 1:00 Dominoes	<b>FOOT CARE (By Appt.)</b> 9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 3:00 Book Club 5:30 Bridge
<b>23. MONDAY</b>	<b>24. TUESDAY</b>	<b>25. WEDNESDAY</b>	<b>26. THURSDAY</b>	<b>27. FRIDAY</b>
9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo		<b>AARP TAXES (By Appt.)</b> 10:00 Balance Fitness Fun @ Kibbe \$4 1:00 Dominoes	9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge	



# Somers Cultural Commission 2026 Winter Concert Series



**Somers Cultural Commission**

**600 Main Street, Somers, CT 06071**

**Questions? Call Ann Levesque at 860-749-2630**

[www.somersct.gov/boards-and-commissions/cultural-commission](http://www.somersct.gov/boards-and-commissions/cultural-commission)

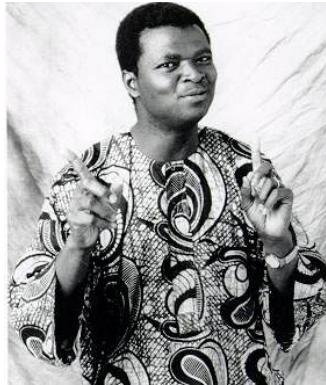
**Sunday, February 8, 2026**

**Piedmont Hall, 604 Main Street, Somers**

**1:00pm - 3:00pm**

***Underneath We are All The Same!***

Celebrate Black History Month with an intriguing presentation featuring Dr. Raouf Mama, award winning storyteller & author who tells folktales from his native Benin. Storytelling blending poetry, stories, music and dance.



**Sunday, March 8th, 2026**

**Piedmont Hall, 604 Main Street, Somers**

**1:00pm - 3:00pm**

***Pierce Campbell & The Irish Extras***

Enjoy St. Patrick's Day early with an afternoon of great Irish pub songs and sing along tunes performed by Connecticut State Troubadour, Pierce Campbell and The Irish Extras.

**Watch January and March Concerts LIVE on Facebook**

Go to [Somers Concert Series Page](#)

Somers safely enjoys live music to energize and restore the community

\*\* Admission is Free \*\* Donations gratefully accepted \*\* Prepare to have FUN! \*\*

\*\* Restrooms Available \*\* If feeling ill, please stay home and watch the livestream \*\*



# Somers Senior Center

## Registration Form - February 2026

### Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
<b>We accept cash, credit cards and checks payable to Town of Somers</b>	<b>TOTAL DUE:</b>	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON:  
January 27th FOR SOMERS RESIDENTS AND February 2nd FOR NON-RESIDENTS.  
**FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.****

**A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.**

#### **Somers Recreation & Leisure Services Participant Waiver**

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

#### **Somers Recreation & Leisure Services Photo Release**

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.

I have read and am in compliance with the photo policy stated above.

I have read and am **NOT** in compliance with the photo policy stated above.

**Print Name:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_





# Somers Senior Center Registration Form - February 2026 Classes, Events & Trips